Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese,	Cauliflower &	Chicken & Sweet	Quorn Spaghetti	Chicken Curry &
Sliced Carrots	potato Curry &	Chilli Broccoli	Bolognese	Basmati Rice
Mixed Salad	Fresh Chapati	Mixed salad	Mixed Salad	Mixed Salad
Bananas	Mousse	Mini muffins	Fromage frais	Fresh fruit
Turkey ham/ Cheese Sandwiches	Crackers with grated cheddar and chopped vegetables	Pitta bread & hummus	Fruit loaf with butter	Pancakes & honey
Satsumas	Pears	Bananas	Apples	Fresh fruit